

Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Tuna, Cheesy Pasta and Vegetables	Chicken Curry and Rice	Cottage Pie with Vegetables	Fisherman's Pie with Vegetables	Lentil and Tomato Soup with Bread
Desserts	Fruit	Fruit	Fruit	Fruit	Fruit
WEEK 2	Spaghetti Bolognese	Vegetable Lasagne	Fisherman's Pie with Vegetables	Chicken and Rice with Vegetables	Ham, Cheesy Potatoes & Beans
Desserts	Fruit	Fruit	Fruit	Fruit	Fruit
WEEK 3	Chicken Curry and Rice	Cottage Pie with Vegetables	Vegetable Lasagne	Tuna, Cheesy Pasta and Vegetables	Vegetable Soup & Cheese Sandwiches
Desserts	Fruit	Fruit	Fruit	Fruit	Fruit
WEEK 4	Fisherman's Pie with Vegetables	Tuna, Cheesy Pasta and Vegetables	Chicken, Roast Potatoes & Vegetables	Spaghetti Bolognese	Vegetable Lasagne
Desserts	Fruit	Fruit	Fruit	Fruit	Fruit

Snack Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Pita Bread with Dips	Ricecakes and Hummus	Tuna Sandwiches	Oatcakes with Mackerel or Cheese	Toasted English Muffins
WEEK 2	Ricecakes and Hummus	Pita Bread Pizza	Crackers and Cheese	Cream Cheese and Ham Wraps	Tuna Oatcakes

Fruit, carrots, cucumber, tomatoes and peppers maybe offered.

Occasionally the following food may be offered: - Popcorn, birthday cake or food which the children have prepared.

We aim to use recipes without sugar or reduced sugar.